

KESAR PISTA ICE CREAM

INGREDIENTS: Milk (81%), Sugar, Pista (1%), Cardamom Powder, Kesar (0.02%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#]Value per 100g	% RDA ^{##}Per serving
Energy (Kcal)	271	10.8
Protein (g)	5	
Carbohydrates (g)	22	
Total Sugars (g)	27	
Added Sugars (g)	14	23.6
Total Fat (g)	17	21.2
Saturated Fat (g)	14	52.9
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	24	
Sodium (mg)	56	2.3

[#]Approximate Values

^{##}Recommended Dietary Allowance

ROASTED ALMOND ICE CREAM

INGREDIENTS:

Milk, Sugar, Roasted Almond (6%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	239	9.6
Protein (g)	8	
Carbohydrates (g)	20	
Total Sugars (g)	22	
Added Sugars (g)	13	22.3
Total Fat (g)	13	16.6
Saturated Fat (g)	8	30.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	22	
Sodium (mg)	75	3.0

[#]Approximate Values

^{##}Recommended Dietary Allowance

ANJEER ICE CREAM

INGREDIENTS:

Milk (71%), Sugar, Anjeer Pulp (12%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	229	9.2
Protein (g)	6	
Carbohydrates (g)	21	
Total Sugars (g)	26	
Added Sugars (g)	13	20.9
Total Fat (g)	12	15.3
Saturated Fat (g)	9	33.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	13	
Sodium (mg)	30	1.2

[#]Approximate Values

^{##}Recommended Dietary Allowance

KAJU KISMIS ICE CREAM

INGREDIENTS:

Milk (73%), Sugar, Kaju (5%), Kismis (4%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	230	9.2
Protein (g)	7	
Carbohydrates (g)	22	
Total Sugars (g)	26	
Added Sugars (g)	13	21.3
Total Fat (g)	12	14.4
Saturated Fat (g)	7	26.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	9	
Sodium (mg)	75	3.0

[#]Approximate Values

^{##}Recommended Dietary Allowance

MALAI ICE CREAM

INGREDIENTS:

Milk (82%), Sugar

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	275	11.0
Protein (g)	7	
Carbohydrates (g)	21	
Total Sugars (g)	25	
Added Sugars (g)	15	24.0
Total Fat (g)	17	21.1
Saturated Fat (g)	14	51.3
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	23	
Sodium (mg)	72	3.1

[#]Approximate Values

^{##}Recommended Dietary Allowance

CHOCO ALMOND ICE CREAM

INGREDIENTS: Milk, Sugar, Chocolate paste 12% (Milk, Cocoa Solids, Sugar) Almond (5%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#]Value per 100g	% RDA ^{##}Per serving
Energy (Kcal)	220	8.8
Protein (g)	7	
Carbohydrates (g)	23	
Total Sugars (g)	21	
Added Sugars (g)	13	21.8
Total Fat (g)	10	12.9
Saturated Fat (g)	6	24.0
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	29	
Sodium (mg)	68	2.8

[#]Approximate Values

^{##}Recommended Dietary Allowance

CHOCO CREAM ICE CREAM

INGREDIENTS: Milk, Sugar, Chocolate paste 18 %
(Milk , Cocoa Solids, Sugar)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#]Value per 100g	% RDA ^{##}Per serving
Energy (Kcal)	218	8.7
Protein (g)	6	
Carbohydrates (g)	21	
Total Sugars (g)	25	
Added Sugars (g)	14	23.1
Total Fat (g)	11	13.9
Saturated Fat (g)	8	29.5
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	24	
Sodium (mg)	77	3.1

[#]Approximate Values

^{##}Recommended Dietary Allowance

CHOCO BITE ICE CREAM

INGREDIENTS: Milk, Sugar, Chocolate pieces 12% (Sugar, Cocoa Butter, Cocoa Solids, Milk), Chocolate paste 8% (Milk, Cocoa Solids, Sugar)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	250	8.2
Protein (g)	6	
Carbohydrates (g)	22	
Total Sugars (g)	19	
Added Sugars (g)	17	28.5
Total Fat (g)	14	13.8
Saturated Fat (g)	10	30.5
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	27	
Sodium (mg)	45	2.5

#Approximate Values

##Recommended Dietary Allowance

COFFEE WALNUT ICE CREAM

INGREDIENTS:

Milk (75%), Sugar, Walnut (6%), Coffee (0.92%)

Serving size- 1 scoop (approx. 80 g) and

No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	247	9.9
Protein (g)	8	
Carbohydrates (g)	25	
Total Sugars (g)	21	
Added Sugars (g)	13	22.1
Total Fat (g)	12	15.2
Saturated Fat (g)	6	24.9
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	18	
Sodium (mg)	76	3.1

[#]Approximate Values

^{##}Recommended Dietary Allowance

TOFFEE ICE CREAM

INGREDIENTS: Milk, Sugar, Toffee 23%
(Fresh Cream, Sugar Syrup, Coffee)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#]Value per 100g	% RDA ^{##}Per serving
Energy (Kcal)	282	11.3
Protein (g)	5	
Carbohydrates (g)	23	
Total Sugars (g)	24	
Added Sugars (g)	20	31.6
Total Fat (g)	18	22.3
Saturated Fat (g)	13	49.6
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	15	
Sodium (mg)	85	3.4

[#]Approximate Values

^{##}Recommended Dietary Allowance

PINACOLADA ICE CREAM

INGREDIENTS: Milk, Sweetened Tender Coconut Pulp 12% (Sugar Syrup, Tender Coconut Pulp), Sweetened Pineapple Pulp 11% (Pineapple Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	271	10.9
Protein (g)	7	
Carbohydrates (g)	20	
Total Sugars (g)	18	
Added Sugars (g)	10	16.8
Total Fat (g)	17	21.4
Saturated Fat (g)	13	49.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	23	
Sodium (mg)	47	1.9

[#]Approximate Values

^{##}Recommended Dietary Allowance

MELONBLAST ICE CREAM

INGREDIENTS: Milk (71%), Sweetened Muskmelon Pulp 12% (Muskmelon Pulp, Sugar Syrup), Sweetened Watermelon Pulp 12% (Watermelon Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	271	7.8
Protein (g)	7	
Carbohydrates (g)	20	
Total Sugars (g)	15	
Added Sugars (g)	9	15.0
Total Fat (g)	17	12.5
Saturated Fat (g)	13	28.4
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	23	
Sodium (mg)	37	1.5

#Approximate Values

##Recommended Dietary Allowance

DATES ICE CREAM

INGREDIENTS:

Milk (84%), Sugar, Dates Pulp (13%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	234	9.4
Protein (g)	6	
Carbohydrates (g)	27	
Total Sugars (g)	24	
Added Sugars (g)	13	20.8
Total Fat (g)	11	13.4
Saturated Fat (g)	8	29.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	20	
Sodium (mg)	80	3.2

[#]Approximate Values

^{##}Recommended Dietary Allowance

CHERRY PINEAPPLE ICE CREAM

INGREDIENTS: Milk, Sweetened Cherry Pulp 26% (Cherry Pulp, Sugar Syrup), Sweetened Pineapple Pulp 5% (Pineapple Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	190	7.6
Protein (g)	5	
Carbohydrates (g)	20	
Total Sugars (g)	33	
Added Sugars (g)	13	21.4
Total Fat (g)	9	11.6
Saturated Fat (g)	7	27.5
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	19	
Sodium (mg)	76	3.0

[#]Approximate Values

^{##}Recommended Dietary Allowance

FILTER COFFEE ICE CREAM

INGREDIENTS:

Milk, Sugar, Filter Coffee (1%)

Serving size- 1 scoop (approx. 80 g) and

No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	220	8.8
Protein (g)	4	
Carbohydrates (g)	22	
Total Sugars (g)	18	
Added Sugars (g)	14	23.6
Total Fat (g)	12	14.7
Saturated Fat (g)	8	32.7
Trans Fat (g)	0	0.0
Cholesterol (mg)	18	
Sodium (mg)	71	2.85

[#]Approximate Values

^{##}Recommended Dietary Allowance

SAUNF ICE CREAM

INGREDIENTS:

Milk, Sugar, Fennel Seeds (2%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#]Value per 100g	% RDA ^{##}Per serving
Energy (Kcal)	226	9.1
Protein (g)	7	
Carbohydrates (g)	22	
Total Sugars (g)	17	
Added Sugars (g)	14	23.3
Total Fat (g)	12	14.7
Saturated Fat (g)	8	30.7
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	31	
Sodium (mg)	78	3.16

[#]Approximate Values

^{##}Recommended Dietary Allowance

COFFEE CINNAMON ICE CREAM

INGREDIENTS:

Milk (82%), Sugar, Coffee (0.83%), Cinnamon (0.03%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	316	12.7
Protein (g)	6	
Carbohydrates (g)	42	
Total Sugars (g)	19	
Added Sugar(g)	14	23.8
Total Fat (g)	13	16.2
Saturated Fat (g)	9	36.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	18	
Sodium (mg)	42	1.7

[#]Approximate Values

^{##}Recommended Dietary Allowance

MOCHA ICE CREAM

INGREDIENTS: Milk, Sugar, Chocolate Paste 10% (Milk ,Cocoa Solids ,Sugar) ,Coffee (0.88%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	237	9.5
Protein (g)	5	
Carbohydrates (g)	23	
Total Sugars (g)	17	
Added Sugars (g)	14	23.2
Total Fat (g)	13	16.0
Saturated Fat (g)	9	35.9
Trans Fat (g)	0	0.0
Cholesterol (mg)	10	
Sodium (mg)	39	1.6

[#]Approximate Values

^{##}Recommended Dietary Allowance

COFFEEBITE ICE CREAM

INGREDIENTS: Milk, Sugar, Chocolate Pieces 6% (Sugar, Milk, Cocoa Solids, Cocoa Butter), Coffee (0.70%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#]Value per 100g	% RDA ^{##}Per serving
Energy (Kcal)	211	8.5
Protein (g)	5	
Carbohydrates (g)	23	
Total Sugars (g)	19	
Added Sugars (g)	16	25.6
Total Fat (g)	10	12.4
Saturated Fat (g)	7	26.7
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	16	
Sodium (mg)	37	1.5

[#]Approximate Values

^{##}Recommended Dietary Allowance

KIWI PINEAPPLE ICE CREAM

MEDIUM FAT ICE CREAM

INGREDIENTS: Milk, Sweetened Kiwi Pulp 20% (Kiwi Pulp, Sugar Syrup), Sweetened Pineapple Pulp 10% (Pineapple Pulp, Sugar syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	194	7.8
Protein (g)	5	
Carbohydrates (g)	21	
Total Sugars (g)	15	
Added Sugars (g)	9	15.2
Total Fat (g)	9	11.6
Saturated Fat (g)	6	24.7
Trans Fat (g)	0	0.0
Cholesterol (mg)	26	
Sodium (mg)	61	2.4

#Approximate Values

##Recommended Dietary Allowance

RASPBERRY CHOCOLATE ICE CREAM

INGREDIENTS: Milk, Sugar, Sweetened Raspberry pulp 24% (Raspberry pulp, Sugar Syrup, Lemon juice), Chocolate Pieces 8% (Sugar, Cocoa Butter, Cocoa Solids, Milk), Raspberry Prep 6% (Raspberry, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	265	10.6
Protein (g)	6	
Carbohydrates (g)	37	
Total Sugars (g)	33	
Added Sugars (g)	23	36.8
Total Fat (g)	12	14.9
Saturated Fat (g)	6	25.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	14	
Sodium (mg)	95	3.8

[#]Approximate Values

^{##}Recommended Dietary Allowance

PEACH APRICOT ICE CREAM

INGREDIENTS: Milk, Sweetened Peach - Apricot Pulp 23% (Sugar Syrup, Peach Pulp, Apricot)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	238	9.6
Protein (g)	6	
Carbohydrates (g)	24	
Total Sugars (g)	24	
Added Sugars (g)	10	16.9
Total Fat (g)	12	15.5
Saturated Fat (g)	7	26.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	11	
Sodium (mg)	34	1.4

#Approximate Values

##Recommended Dietary Allowance

MALAI KHURMA ICE CREAM

INGREDIENTS: Milk, Sugar, Dates Pulp (6%), Cashew (4%), Pista (1%), Kismis (1%), Cardamom powder, Saffron

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	236	9.4
Protein (g)	7	
Carbohydrates (g)	21	
Total Sugars (g)	43	
Added Sugars (g)	12	20.6
Total Fat (g)	13	16.0
Saturated Fat (g)	8	29.6
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	18	
Sodium (mg)	100	4.0

#Approximate Values

##Recommended Dietary Allowance

SHAHI ANJEER ICE CREAM

INGREDIENTS: Milk, Sugar, Anjeer Pulp (6%), Cashew (4%), Kismis (1%), Pista (1%) Saffron

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	251	10
Protein (g)	7	
Carbohydrates (g)	24	
Total Sugars (g)	18	
Added Sugars (g)	13	22
Total Fat (g)	12	20
Saturated Fat (g)	11	40
Trans Fat (g)	<0.1	
Cholesterol (mg)	20	
Sodium (mg)	46	2

#Approximate Values

##Recommended Dietary Allowance

PSG ICE CREAM

INGREDIENTS: Milk, Sweetened Pineapple Pulp 10% (Pineapple Pulp, Sugar Syrup), Sweetened Strawberry Pulp 10% (Strawberry Pulp, Sugar Syrup), Sweetened Guava Pulp 9% (Guava Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	233	9.3
Protein (g)	6	
Carbohydrates (g)	21	
Total Sugars (g)	22	
Added Sugars (g)	14	22.4
Total Fat (g)	13	16.5
Saturated Fat (g)	9	36.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	17	
Sodium (mg)	65	2.6

#Approximate Values

##Recommended Dietary Allowance

PERSIAN DELIGHT ICE CREAM

INGREDIENTS: Milk, Sugar, Dates (6%), Honey (3%), Pishori Pista (3%), Cinnamon powder (0.02%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	236	9.4
Protein (g)	6	
Carbohydrates (g)	27	
Total Sugars (g)	22	
Added Sugars (g)	12	20.8
Total Fat (g)	10	13.0
Saturated Fat (g)	10	36.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	18	
Sodium (mg)	64	2.6

#Approximate Values

##Recommended Dietary Allowance

HONEY GINGER ICE CREAM

MEDIUM FAT ICE CREAM

INGREDIENTS: Milk (82%), Sweetened Ginger Pulp 12% (Sugar, Ginger Pulp), Honey (3%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	219	8.8
Protein (g)	6	
Carbohydrates (g)	27	
Total Sugars (g)	19	
Added Sugars (g)	8	13.1
Total Fat (g)	9	11.3
Saturated Fat (g)	6	24.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	26	
Sodium (mg)	131	5.2

#Approximate Values

##Recommended Dietary Allowance

BERRY BITE ICE CREAM

INGREDIENTS: Milk, Sweetened Strawberry Pulp 28% (Strawberry Pulp, Sugar Syrup), Chocolate Bites 9% (Sugar, Milk, Cocoa Solids, Cocoa Butter)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	235	9.4
Protein (g)	5	
Carbohydrates (g)	25	
Total Sugars (g)	15	
Added Sugars (g)	13	22.2
Total Fat (g)	12	14.9
Saturated Fat (g)	9	32.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	11	
Sodium (mg)	72	2.90

#Approximate Values

##Recommended Dietary Allowance

CHOCO FRUIT AND NUT ICE CREAM

INGREDIENTS: Milk, Sugar, Chocolate paste 9% (Milk, Cocoa Solids, Sugar), Black Kismis (1%), Cashew (1%), Walnut (1%), Roasted Almond (1%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	240	9.6
Protein (g)	7	
Carbohydrates (g)	14	
Total Sugars (g)	17	
Added Sugars (g)	13	49.4
Total Fat (g)	17	20.5
Saturated Fat (g)	10	38.4
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	19	
Sodium (mg)	37	1.5

#Approximate Values

##Recommended Dietary Allowance

MUSK MANGO ICE CREAM

MEDIUM FAT ICE CREAM

INGREDIENTS: Milk, Sugar, Sweetened Muskmelon Pulp 24% (Muskmelon Pulp, Sugar Syrup), Sweetened Mango pulp 8% (Mango Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	180	7.2
Protein (g)	5	
Carbohydrates (g)	19	
Total Sugars (g)	17	
Added Sugars (g)	9	15.0
Total Fat (g)	9	10.9
Saturated Fat (g)	6	22.7
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	17	
Sodium (mg)	37	1.5

#Approximate Values

##Recommended Dietary Allowance

WATERMELON GINGER ICE CREAM

INGREDIENTS: Milk, Sweetened Watermelon pulp 23% (Watermelon pulp, Sugar syrup), Sweetened Ginger pulp 5% (Sugar Syrup, Ginger pulp)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	182	7.3
Protein (g)	5	
Carbohydrates (g)	16	
Total Sugars (g)	17	
Added Sugars (g)	11	18.8
Total Fat (g)	10	12.2
Saturated Fat (g)	4	16.8
Trans Fat (g)	0	0.0
Cholesterol (mg)	8	
Sodium (mg)	60	2.4

#Approximate Values

##Recommended Dietary Allowance

FIG AND HONEY ICE CREAM

MEDIUM FAT ICE CREAM

INGREDIENTS: Milk (65%), Fresh Anjeer Pulp 30% (Fresh Anjeer Pulp, Sugar Syrup), Honey (2%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	191	7.7
Protein (g)	5	
Carbohydrates (g)	21	
Total Sugars (g)	17	
Added Sugars (g)	9	14.9
Total Fat (g)	9	11.2
Saturated Fat (g)	6	24.7
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	16	
Sodium (mg)	39	1.5

#Approximate Values

##Recommended Dietary Allowance

TILGUL ICE CREAM

INGREDIENTS: Milk , Sugar, Peanut (6%), Cashew (3%), Sesame seeds (2%), Jaggery (1%), Cardamom Powder

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	284	11.4
Protein (g)	9	
Carbohydrates (g)	19	
Total Sugars (g)	17	
Added Sugars (g)	13	20.8
Total Fat (g)	18	22.1
Saturated Fat (g)	9	35.9
Trans Fat (g)	< 0.1	0.0
Cholesterol (mg)	17	
Sodium (mg)	72	2.8

#Approximate Values

##Recommended Dietary Allowance

THANDAI ICE CREAM

INGREDIENTS: Milk, Sugar, Thandai Masala 1% (Fenel Seeds, Pista, Roasted Almond, White Pepper Powder, Ginger Powder, Javitri, Nutmeg, Sugar - Cardemom Powder), Saffron

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	220	8.8
Protein (g)	7	
Carbohydrates (g)	14	
Total Sugars (g)	25	
Added Sugars (g)	14	23.5
Total Fat (g)	14	17.8
Saturated Fat (g)	10	38.9
Trans Fat (g)	<0.01	0.0
Cholesterol (mg)	21	
Sodium (mg)	81	3.3

[#]Approximate Values

^{##}Recommended Dietary Allowance

PISTA CHIKKI ICE CREAM

INGREDIENTS: Milk (74%), Sugar, Pista Chikki 10%
(Sugar, Pishori Pista)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	228	9.2
Protein (g)	8	
Carbohydrates (g)	24	
Total Sugars (g)	19	
Added Sugars (g)	19	30.4
Total Fat (g)	10	12.9
Saturated Fat (g)	6	24.9
Trans Fat (g)	0	0.0
Cholesterol (mg)	0.0	
Sodium (mg)	53	2.10

#Approximate Values

##Recommended Dietary Allowance

AMRAKHAND ICE CREAM

INGREDIENTS: Milk, Sugar, Elaichi Shrikhand 21% (Milk Solids, Sugar, Cardamom Powder), Sweetened Mango Pulp 15% (Mango Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	217	8.7
Protein (g)	9	
Carbohydrates (g)	22	
Total Sugars (g)	23	
Added Sugars (g)	19	30.7
Total Fat (g)	10	12.2
Saturated Fat (g)	6	22.7
Trans Fat (g)	0	0.0
Cholesterol (mg)	25	
Sodium (mg)	57	2.3

[#]Approximate Values

^{##}Recommended Dietary Allowance

ROASTED KAJU ICE CREAM

INGREDIENTS: Milk (70%), Sugar, Roasted Cashew Paste 7% (Roasted Cashew, Sugar), Roasted Cashew Pieces (7%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	279	11.2
Protein (g)	9	
Carbohydrates (g)	21	
Total Sugars (g)	15	
Added Sugars (g)	12	20.6
Total Fat (g)	17	20.7
Saturated Fat (g)	9	33.6
Trans Fat (g)	0	0.0
Cholesterol (mg)	31	
Sodium (mg)	36	1.5

[#]Approximate Values

^{##}Recommended Dietary Allowance

ANJEER KAJU ICE CREAM

INGREDIENTS: Milk, Sugar, Anjeer pulp (11%), Kaju (6%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	249	10.0
Protein (g)	8	
Carbohydrates (g)	26	
Total Sugars (g)	18	
Added Sugars (g)	12	19.6
Total Fat (g)	11	14.3
Saturated Fat (g)	7	26.2
Trans Fat (g)	0	0.0
Cholesterol (mg)	0	
Sodium (mg)	103	4.2

#Approximate Values

##Recommended Dietary Allowance

PISTA CLOVE ICE CREAM

INGREDIENTS: Milk (78%), Sugar, Pishori pista (5%), Clove (0.02%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ## Per serving
Energy (Kcal)	218	8.7
Protein (g)	6	
Carbohydrates (g)	23	
Total Sugars (g)	15	
Added Sugars (g)	14	22.8
Total Fat (g)	11	13.2
Saturated Fat (g)	7	25.9
Trans Fat (g)	0	0.0
Cholesterol (mg)	32	
Sodium (mg)	82	3.3

#Approximate Values

##Recommended Dietary Allowance

ROYAL DRY FRUIT ICE CREAM

INGREDIENTS: Milk, Sugar, Cashew (4%), Apricot (2%), Prunes (2%), Kismis (2%), Chocolate Pieces 1% (Sugar, Cocoa Butter, Cocoa Solids, Milk), Kesar (0.007%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	237	9.5
Protein (g)	6	
Carbohydrates (g)	23	
Total Sugars (g)	19	
Added Sugars (g)	13	21.8
Total Fat (g)	12	15.3
Saturated Fat (g)	7	28.0
Trans Fat (g)	0	
Cholesterol (mg)	0	
Sodium (mg)	68	2.7

#Approximate Values

##Recommended Dietary Allowance

GINGER CANDY ICE CREAM

INGREDIENTS: Milk, Sugar, Ginger Candy (4%),
Ginger juice (2%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#]Value per 100g	% RDA ^{##}Per serving
Energy (Kcal)	240	9.6
Protein (g)	5	
Carbohydrates (g)	21	
Total Sugars (g)	18	
Added Sugars (g)	16	27.2
Total Fat (g)	14	17.5
Saturated Fat (g)	8	32.0
Trans Fat (g)	0	0.0
Cholesterol (mg)	<0.1	
Sodium (mg)	57	2.3

[#]Approximate Values

^{##}Recommended Dietary Allowance

PINEAPPLE MANGO ICE CREAM

INGREDIENTS: Milk, Sugar, Sweetened Pineapple Pulp 11% (Pineapple Pulp, Sugar Syrup), Mango Pieces (9%), Sweetened Mango Pulp 5% (Mango Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#]Value per 100g	% RDA ^{##}Per serving
Energy (Kcal)	217	8.7
Protein (g)	5	
Carbohydrates (g)	24	
Total Sugars (g)	19	
Added Sugars (g)	5	8.6
Total Fat (g)	10	12.6
Saturated Fat (g)	6	23.1
Trans Fat (g)	0	0.0
Cholesterol (mg)	0	
Sodium (mg)	41	1.7

[#]Approximate Values

^{##}Recommended Dietary Allowance

HAZELNUT CRUNCH ICE CREAM

INGREDIENTS: Milk, Sugar, Hazelnut Chikki 9% (Chocolate Pieces, Sugar, Cashew, Hazelnut), Hazelnut Paste 5% (Hazelnut, Sugar)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	270	10.8
Protein (g)	7	
Carbohydrates (g)	27	
Total Sugars (g)	19	
Added Sugars (g)	16	25.6
Total Fat (g)	14	17.5
Saturated Fat (g)	2	7.7
Trans Fat (g)	0	0.0
Cholesterol (mg)	27	
Sodium (mg)	69	2.8

#Approximate Values

##Recommended Dietary Allowance

MOCHA ALMOND FOUDGE ICE CREAM

INGREDIENTS: Milk, Sugar, Coffee Sauce 10% (Sugar syrup, Coffee powder), Chocolate Sauce 8 % (Cocoa solids, Milk, Unsalted butter), Roasted Almond (3%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	314	12.6
Protein (g)	5	
Carbohydrates (g)	30	
Total Sugars (g)	34	
Added Sugars (g)	21	33.8
Total Fat (g)	18	22.2
Saturated Fat (g)	0	0.0
Trans Fat (g)	0	0.0
Cholesterol (mg)	0	0.0
Sodium (mg)	119	4.8

#Approximate Values

##Recommended Dietary Allowance

BLUEBERRY NUTS ICE CREAM

MEDIUM FAT ICE CREAM

INGREDIENTS: Milk, Sweetened Blue Berry Pulp 31% (Sugar Syrup, Blue Berry Pulp), Cashew (1%), Roasted Almond (1%), Raisin (1%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	217	8.7
Protein (g)	3	
Carbohydrates (g)	36	
Total Sugars (g)	28	
Added Sugars (g)	13	22.2
Total Fat (g)	8	10.5
Saturated Fat (g)	4	16.4
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	7	
Sodium (mg)	21	16.9

#Approximate Values

##Recommended Dietary Allowance

ORANGE CHOCOLATE ICE CREAM

INGREDIENTS: Milk, Sugar, Sweetened Orange Pulp 22% (Orange pulp, Sugar syrup, Orange zest, Lemon Juice), Chocolate pieces 18% (Sugar, Cocoa Butter, Cocoa Solids, Milk)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	279	11.2
Protein (g)	2	
Carbohydrates (g)	30	
Total Sugars (g)	25	
Added Sugars (g)	18	28.8
Total Fat (g)	16	19.5
Saturated Fat (g)	0	0.0
Trans Fat (g)	0	0.0
Cholesterol (mg)	0	0.0
Sodium (mg)	113	4.5

[#]Approximate Values

^{##}Recommended Dietary Allowance

ORANGE PISTACHIO ICE CREAM

INGREDIENTS: Milk, Sugar, Sweetened Orange Pulp 21% (Orange Pulp, Sugar Syrup, Orange Zest, Lemon Juice), Pista (2%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	246	9.9
Protein (g)	2	
Carbohydrates (g)	26	
Total Sugars (g)	21	
Added Sugars (g)	13	22.2
Total Fat (g)	14	17.1
Saturated Fat (g)	0	0.0
Trans Fat (g)	0	0.0
Cholesterol (mg)	26	
Sodium (mg)	115	4.6

#Approximate Values

##Recommended Dietary Allowance

KAJU KESAR SHRIKHAND ICE CREAM

INGREDIENTS: Milk, Sugar, Shrikhand 24% (Milk solids, Sugar, Cardamom), Cashew (5%), Kesar (0.01%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	237	9.5
Protein (g)	6	
Carbohydrates (g)	30	
Total Sugars (g)	28	
Added Sugars (g)	20	32.6
Total Fat (g)	10	12.3
Saturated Fat (g)	7	26.0
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	24	
Sodium (mg)	77	3.1

[#]Approximate Values

^{##}Recommended Dietary Allowance

COFFEE HAZLENUT ICE CREAM

INGREDIENTS: Milk, Sugar, Hazelnut (6%), Coffee (0.92%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	248	9.9
Protein (g)	7	
Carbohydrates (g)	19	
Total Sugars (g)	17	
Added Sugars (g)	13	22.1
Total Fat (g)	15	18.6
Saturated Fat (g)	9	32.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	44	1.7

#Approximate Values

##Recommended Dietary Allowance

DATES AND WALNUT ICE CREAM

INGREDIENTS: Milk, Sugar, Dates Pulp (13%), Walnut (6%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	240	9.6
Protein (g)	7	
Carbohydrates (g)	25	
Total Sugars (g)	21	
Added Sugars (g)	12	19.2
Total Fat (g)	12	14.6
Saturated Fat (g)	6	25.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	38	1.6

#Approximate Values

##Recommended Dietary Allowance

TENDER ANJEER ICE CREAM

INGREDIENTS: Milk, Tender Anjeer Pulp 30%
(Fresh Anjeer 60%, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	193	7.7
Protein (g)	6	
Carbohydrates (g)	19	
Total Sugars (g)	14	
Added Sugars (g)	9	14.4
Total Fat (g)	10	12.2
Saturated Fat (g)	7	25.5
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	42	1.7

#Approximate Values

##Recommended Dietary Allowance

MANGO PASSION ICE CREAM

INGREDIENTS: Milk, Sweetened Mango Pulp 20% (Mango Pulp, Sugar Syrup), Sweetened Passion fruit Pulp 6% (Passion fruit Pulp 63%, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	193	7.7
Protein (g)	6	
Carbohydrates (g)	19	
Total Sugars (g)	14	
Added Sugars (g)	9	14.4
Total Fat (g)	10	12.2
Saturated Fat (g)	7	25.5
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	42	1.7

#Approximate Values

##Recommended Dietary Allowance

SPICY GUAVA ICE CREAM

INGREDIENTS: Milk, Guava Pulp 28%(Guava Pulp, Sugar Syrup), Salt, Chilli Powder (0.21%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	193	7.7
Protein (g)	5	
Carbohydrates (g)	19	
Total Sugars (g)	18	
Added Sugars (g)	10	17.4
Total Fat (g)	10	12.0
Saturated Fat (g)	6	24.2
Trans Fat (g)	0	0.0
Cholesterol (mg)	0	
Sodium (mg)	244	9.7

#Approximate Values

##Recommended Dietary Allowance

HONEY CRUNCH ICE CREAM

INGREDIENTS: Milk, Sugar, Honey (3%), Roasted Almond (1%), Pista (1%), Cashew (1%), Chocolate Coated Crispies (1%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	237	9.5
Protein (g)	7	
Carbohydrates (g)	24	
Total Sugars (g)	20	
Added Sugars (g)	13	22.2
Total Fat (g)	12	14.4
Saturated Fat (g)	7	26.5
Trans Fat (g)	0	0.0
Cholesterol (mg)	0	
Sodium (mg)	75	3.0

#Approximate Values

##Recommended Dietary Allowance

RASPBERRY CHOCOLATE ICE CREAM

INGREDIENTS: Milk (50%), Sugar, Raspberry Pulp 24% (Raspberry Pulp, Sugar Syrup, Lemon Juice), Chocolate Pieces 8% (Sugar, Cocoa Butter, Cocoa Solids, Milk) Raspberry Prep 6% (Raspberry Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	239	9.5
Protein (g)	5	
Carbohydrates (g)	31	
Total Sugars (g)	23	
Added Sugars (g)	22	35.2
Total Fat (g)	10	12.2
Saturated Fat (g)	7	25.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	51	2.0

#Approximate Values

##Recommended Dietary Allowance

GAJAR HALWA

DAIRY BASED DESSERTS

PROPRIETARY FOOD

Category: 1.7 Dairy based desserts

INGREDIENTS: Milk, Sweetened Carrot Pulp 19 % (Carrot Pulp, Sugar Syrup, Ghee , Cardamom Powder), Roasted Almond (2%), Cashew (1%), Kismis (1%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{**} Per serving
Energy (Kcal)	229	9.2
Protein (g)	6	
Carbohydrates (g)	19	
Total Sugars (g)	18	
Added Sugars (g)	11	18.7
Total Fat (g)	13	16.6
Saturated Fat (g)	9	33.8
Trans Fat (g)	0	0.0
Cholesterol (mg)	13	
Sodium (mg)	144	5.8

[#]Approximate Values

^{**}Recommended Dietary Allowance

ROSE WALNUT

DAIRY BASED DESSERTS

PROPRIETARY FOOD

Category: 1.7 Dairy based desserts

INGREDIENTS: Milk (61%), Sugar, Sweetened Rose Prep 17% (Rose Prep, Sugar syrup), Walnut (6%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{**} Per serving
Energy (Kcal)	260	10.4
Protein (g)	6	
Carbohydrates (g)	39	
Total Sugars (g)	53	
Added Sugars (g)	20	32.9
Total Fat (g)	9	11.4
Saturated Fat (g)	4	14.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	18	
Sodium (mg)	67	2.7

[#]Approximate Values

^{**}Recommended Dietary Allowance

ROSE SHRIKHAND

DAIRY BASED DESSERTS

PROPRIETARY FOOD

Category: 1.7 Dairy based desserts

INGREDIENTS: Milk, Shrikhand 23 %, (Milk solids, Sugar, Cardamom), Rose prep 7% (Sugar Syrup, Rose Petals, Lemon Juice)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{**} Per serving
Energy (Kcal)	306	12.3
Protein (g)	5	
Carbohydrates (g)	50	
Total Sugars (g)	48	
Added Sugars (g)	14	23.0
Total Fat (g)	9	11.2
Saturated Fat (g)	5	18.7
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	9	
Sodium (mg)	21	0.9

[#]Approximate Values

^{**}Recommended Dietary Allowance

GULKAND

DAIRY BASED DESSERTS

PROPRIETARY FOOD

Category: 1.7 Dairy based desserts

INGREDIENTS: Milk (72%), Sugar, Rose prep 10%
(Rose prep, Sugar syrup), Dried Rose Petals (0.29%)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	229	9.1
Protein (g)	6	
Carbohydrates (g)	26	
Total Sugars (g)	21	
Added Sugars (g)	19	31.9
Total Fat (g)	10	12.9
Saturated Fat (g)	7	27.4
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	84	3.3

[#]Approximate Values

^{##}Recommended Dietary Allowance

NO ADDED SUGAR ANJEER

DAIRY BASED DESSERTS

PROPRIETARY FOOD

Category: 1.7 Dairy based desserts

INGREDIENTS: Milk, Anjeer Pulp (13%),
Fructo-Oligosaccharides, Inulin, Water

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	216	8.6
Protein (g)	5	
Carbohydrates (g)	30	
Total Sugars (g)	24	
Added Sugars (g)	0	0.0
Total Fat (g)	7	8.4
Saturated Fat (g)	5	19.5
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	45	1.8

[#]Approximate Values

^{##}Recommended Dietary Allowance

NO ADDED SUGAR MANGO

DAIRY BASED DESSERTS

PROPRIETARY FOOD

Category: 1.7 Dairy based desserts

INGREDIENTS: Milk, Mango Pulp (23%),
Fructo-Oligosaccharides, Inulin, Water

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	179	7.2
Protein (g)	4	
Carbohydrates (g)	24	
Total Sugars (g)	19	
Added Sugars (g)	0	0.0
Total Fat (g)	6	7.2
Saturated Fat (g)	4	14.5
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	47	1.9

[#]Approximate Values

^{##}Recommended Dietary Allowance

GOOSEBERRY ICE CREAM

INGREDIENTS: Milk, Sweetened Gooseberry Pulp 22% (Sugar Syrup, Gooseberry)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	212	10.6
Protein (g)	7	
Carbohydrates (g)	20	
Total Sugars (g)	16	
Added Sugars(g)	11	21.5
Total Fat (g)	12	17.5
Saturated Fat (g)	8	36.8
Trans Fat (g)	0	15.0
Cholesterol (mg)	25	
Sodium (mg)	172	8.6

#Approximate Values

##Recommended Dietary Allowance

BLACK CURRANT ICE CREAM

MEDIUM FAT ICE CREAM

INGREDIENTS: Milk, Sugar, Sweetened Black Currant Pulp 28% (Black Currant Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	254	10.2
Protein (g)	5	
Carbohydrates (g)	40	
Total Sugars (g)	37	
Added Sugars(g)	20	32.8
Total Fat (g)	7	9.4
Saturated Fat (g)	5	20.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	10	
Sodium (mg)	21	0.8

#Approximate Values

##Recommended Dietary Allowance

STRAWBERRY ICE CREAM

INGREDIENTS: Milk, Sweetened Strawberry Pulp 31% (Strawberry Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	196	9.8
Protein (g)	5	
Carbohydrates (g)	19	
Total Sugars (g)	28	
Added Sugars(g)	11	17.7
Total Fat (g)	10	12.8
Saturated Fat (g)	7	28.0
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	12	
Sodium (mg)	45	1.8

#Approximate Values

##Recommended Dietary Allowance

MULBERRY ICE CREAM

INGREDIENTS: Milk, Sweetened Mulberry Pulp 34 %(Mulberry Pulp, Sugar Syrup, Lemon Juice), Mulberry Top Up 4% (Mulberry Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	198	7.9
Protein (g)	5	
Carbohydrates (g)	21	
Total Sugars (g)	20	
Added Sugars(g)	15	23.4
Total Fat (g)	10	11.9
Saturated Fat (g)	7	27.4
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	4	
Sodium (mg)	90	3.6

#Approximate Values

##Recommended Dietary Allowance

BLUEBERRY ICE CREAM

INGREDIENTS: Milk, Sugar, Sweetened Blueberry Pulp 19% (Blueberry Pulp, Sugar Syrup, Lemon Juice, Salt), Sweetened Blueberry Prep 13% (Blueberry, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. [#] Value per 100g	% RDA ^{##} Per serving
Energy (Kcal)	207	8.3
Protein (g)	5	
Carbohydrates (g)	19	
Total Sugars (g)	18	
Added Sugars(g)	10	15.6
Total Fat (g)	11	14.0
Saturated Fat (g)	7	28.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	53	2.1

[#]Approximate Values

^{##}Recommended Dietary Allowance

RASPBERRY ICE CREAM

INGREDIENTS: Milk, Sugar, Sweetened Raspberry Pulp 26% (Raspberry Pulp, Sugar Syrup, Lemon Juice), Raspberry Prep 6% (Raspberry Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	228	9.1
Protein (g)	4	
Carbohydrates (g)	28	
Total Sugars (g)	25	
Added Sugars(g)	21	34.9
Total Fat (g)	10	12.5
Saturated Fat (g)	7	26.6
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	49	1.9

#Approximate Values

##Recommended Dietary Allowance