

Nutritional Information

Sr.No.	Dish Name	Energy (Kcal)	Carbohydrate (g)	Total sugar (g)	Added sugar (g)	Protein (g)	Fats (g)	Saturated (g) [Required only if the fat % is >0.5%]	Trans Fat (g) [Required only if the fat % is >0.5%]	Cholesterol (mg) [Required only if the fat % is >0.5%]	Sodium (mg)	Allergen [Refer Annexure III for details]	Mandatory declaration as per Schedule II* [Refer Annexure-I for details]	Anything specific as per Labelling and Display FSSAI requirements
1	TENDER COCONUT ICE CREAM	209	19	23	10	6	11	8	<0.1	7	67	CONTAINS MILK AND MAY CONTAIN NUTS		
2	BLUEBERRY CHEESECAKE ICE CREAM	262	22	13	13	6	18	4	0	38	35	CONTAINS MILK AND NUTS		
3	COOKIE CARAMEL ICE CREAM	307	27	17	12	5	19	9	0	18	86	CONTAINS MILK AND MAY CONTAIN NUTS		
4	MUD PIE ICE CREAM	282	30	20	10	6	14	10	<0.1	0	90	CONTAINS MILK AND NUTS		
5	MANGO PASSION FRUIT ICE CREAM	221	19	14	7	7	13	6	<0.1	35	45	CONTAINS MILK AND MAY CONTAIN NUTS		
6	BELGIUM CHOCOLATE ICE CREAM	242	24	18	14	5	14	6	<0.1	43	22	CONTAINS MILK AND MAY CONTAIN NUTS		
7	CHERRY PLUM ICE CREAM	182	20	11	9	5	10	5	<0.1	42	4	CONTAINS MILK AND MAY CONTAIN NUTS		
8	ORANGE PISTACHIO ICE CREAM	212	24	19	14	5	12	4	<0.1	40	46	CONTAINS MILK AND NUTS		
9	MOCHA HAZELNUT ICE CREAM	245	23	16	13	7	13	6	0	43	26	CONTAINS MILK AND NUTS		
10	KAJU KESAR SHRIKHAND ICE CREAM	237	30	28	20	6	10	7	<0.1	24	77	CONTAINS MILK AND NUTS		
11	KALA JAMUN ICE CREAM	194	20	34	11	5	9	7	<0.1	15	70	CONTAINS MILK AND MAY CONTAIN NUTS	MEDIUM FAT ICECREAM	
12	PEACH APRICOT ICE CREAM	238	24	24	10	6	12	7	<0.1	11	34	CONTAINS MILK AND MAY CONTAIN NUTS		
13	MACHA TEA CHEESECAKE DAIRY BASED DESSERT	243	19	14	12	6	16	8	<0.1	44	948	CONTAINS MILK AND MAY CONTAIN NUTS	PROPRIETARY FOOD - CATEGORY 1.7 DAIRY BASED DESSERTS	
14	SITAPHAL ICE CREAM	194	26	23	9	4	10	5	<0.1	18	78	CONTAINS MILK AND MAY CONTAIN NUTS		
15	CHOCOLATE FANTASY ICE CREAM	241	23	18	15	6	15	7	0	37	21	CONTAINS MILK AND MAY CONTAIN NUTS		
16	LIME COCONUT ICE CREAM	204	28	21	19	4	10	4	<0.1	36	23	CONTAINS MILK AND MAY CONTAIN NUTS		
17	ORANGE ROASTED ALMOND AND CHOCO CHIPS ICE CREAM	263	30	22	14	5	14	4	<0.1	36	37	CONTAINS MILK AND NUTS		
18	MOCHA CASHEW ICE CREAM	229	23	17	14	7	14	6	<0.1	44	28	CONTAINS MILK AND NUTS		
19	LYCHEE ICE CREAM	224	21	29	9	6	12	9	<0.1	13	29	CONTAINS MILK AND MAY CONTAIN NUTS		
20	WHITE CHOCOLATE AND ROSE DAIRY BASED DESSERT	278	28	23	18	6	17	9	<0.1	46	42	CONTAINS MILK AND MAY CONTAIN NUTS	PROPRIETARY FOOD - CATEGORY 1.7 DAIRY BASED DESSERTS	
21	DATES AND WALNUT ICE CREAM	233	24	19	13	6	15	5	0	47	25	CONTAINS MILK AND NUTS		
22	TOFFEE MACADAMIA ICE CREAM	214	18	12	3	6	15	7	0	52	13	CONTAINS MILK AND NUTS		
23	KAJU KESAR ICE CREAM	245	23	17	13	7	16	6	0	48	24	CONTAINS MILK AND NUTS		
24	FRENCH VANILLA AND ROASTED PINEAPPLE ICE CREAM	212	22	18	14	5	13	5	0	50	26	CONTAINS MILK AND MAY CONTAIN NUTS		
25	CRANBERRY WHITE CHOCOLATE CHEESECAKE ICE CREAM	228	25	20	12	5	13	5	0	42	46	CONTAINS MILK AND MAY CONTAIN NUTS		
26	DRY FRUIT KULFI ICE CREAM	273	29	24	20	5	16	9	<0.1	23	16	CONTAINS MILK AND NUTS		
27	ANJEER BADAM ICE CREAM	227	27	21	12	5	12	4	<0.1	42	52	CONTAINS MILK AND NUTS		
28	FILTER COFFEE & HAZELNUT ICE CREAM	224	24	14	11	6	12	5	0.08	41	20	CONTAINS MILK AND NUTS		
29	LEMON TWIST ICE CREAM	221	27	16	18	5	13	5	<0.1	47	24	CONTAINS MILK AND MAY CONTAIN NUTS		
30	STRAWBERRY CHEESECAKE ICE CREAM	225	22	18	15	5	14	7	<0.1	41	109	CONTAINS MILK AND MAY CONTAIN NUTS		

•Serving size is approximate 90g
 •Nutritional values mentioned in above sheets are approximate values for per 100 g quantity
 •An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary

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1	TENDER COCONUT ICE CREAM MILKSHAKE	199	16	16	6	6	13	8	0	30	41	CONTAINS MILK AND MAY CONTAIN NUTS		
2	BLUEBERRY CHEESECAKE ICE CREAM MILKSHAKE	230	17	10	7	6	17	6	0	47	22	CONTAINS MILK AND NUTS		
3	COOKIE CARAMEL ICE CREAM MILKSHAKE	255	20	12	6	5	17	8	0	35	51	CONTAINS MILK AND MAY CONTAIN NUTS		
4	MUD PIE ICE CREAM MILKSHAKE	241	22	14	6	6	14	9	0	26	54	CONTAINS MILK AND NUTS		
5	MANGO PASSION FRUIT ICE CREAM MILKSHAKE	219	21	16	10	7	13	6	0	42	37	CONTAINS MILK AND MAY CONTAIN NUTS		
6	BELGIUM CHOCOLATE ICE CREAM MILKSHAKE	218	18	12	8	5	14	6	0.1	50	14	CONTAINS MILK AND MAY CONTAIN NUTS		
7	CHERRY PLUM ICE CREAM MILKSHAKE	184	17	9	5	6	12	6	0	50	4	CONTAINS MILK AND MAY CONTAIN NUTS		
8	ORANGE PISTACHIO ICE CREAM MILKSHAKE	220	20	15	7	4	14	3	0	40	68	CONTAINS MILK AND NUTS		
9	MOCHA HAZELNUT ICE CREAM MILKSHAKE	220	18	12	8	7	14	7	0	50	17	CONTAINS MILK AND NUTS		
10	KAJU KESAR SHRIKHAND ICE CREAM MILKSHAKE	215	22	19	11	6	12	7	0	39	46	CONTAINS MILK AND NUTS		
11	KALA JAMUN ICE CREAM MILKSHAKE	191	17	22	6	6	12	7	0	34	42	CONTAINS MILK AND MAY CONTAIN NUTS		
12	PEACH APRICOT ICE CREAM MILKSHAKE	216	19	16	6	6	13	7	0	32	22	CONTAINS MILK AND MAY CONTAIN NUTS		
13	MACHA TEA CHEESECAKE DAIRY BASED DESSERT MILK SHAKE	218	16	10	6	6	15	7	<0.1	51	546	CONTAINS MILK AND MAY CONTAIN NUTS		
14	SITAPHAL ICE CREAM MILK SHAKE	190	20	15	5	5	12	6	<0.1	35	46	CONTAINS MILK AND MAY CONTAIN NUTS		
15	CHOCOLATE FANTASY ICE CREAM MILK SHAKE	217	18	12	8	6	14	7	0	46	14	CONTAINS MILK AND MAY CONTAIN NUTS		
16	LIME COCONUT ICE CREAM MILK SHAKE	196	21	14	10	5	12	5	<0.1	46	15	CONTAINS MILK AND MAY CONTAIN NUTS		
17	ORANGE ROASTED ALMOND AND CHOCO CHIPS ICE CREAM MILK SHAKE	230	22	15	8	6	14	5	<0.1	46	23	CONTAINS MILK AND NUTS		
18	MOCHA CASHEW ICE CREAM MILK SHAKE	210	18	12	8	6	14	6	<0.1	51	17	CONTAINS MILK AND NUTS		
19	LYCHEE ICE CREAM MILK SHAKE	207	17	19	5	6	13	8	<0.1	33	18	CONTAINS MILK AND MAY CONTAIN NUTS		
20	WHITE CHOCOLATE AND ROSE DAIRY BASED DESSERT MILK SHAKE	238	21	15	10	6	16	8	<0.1	51	26	CONTAINS MILK AND MAY CONTAIN NUTS		
21	DATES AND WALNUT ICE CREAM MILK SHAKE	213	18	13	7	6	15	6	0	52	16	CONTAINS MILK AND NUTS		
22	TOFFEE MACADAMIA ICE CREAM MILK SHAKE	202	15	9	1	6	15	7	0	55	10	CONTAINS MILK AND NUTS		
23	KAJU KESAR ICE CREAM MILK SHAKE	219	18	12	7	7	15	6	0	53	15	CONTAINS MILK AND NUTS		
24	FRENCH VANILLA AND ROASTED PINEAPPLE ICE CREAM MILK SHAKE	200	17	12	8	5	13	6	0	54	17	CONTAINS MILK AND MAY CONTAIN NUTS		
25	CRANBERRY WHITE CHOCOLATE CHEESECAKE ICE CREAM MILK SHAKE	210	19	14	6	5	13	6	<0.1	49	28	CONTAINS MILK AND MAY CONTAIN NUTS		
26	DRY FRUIT KULFI ICE CREAM MILK SHAKE	235	21	16	11	5	15	8	<0.1	38	11	CONTAINS MILK AND NUTS		
27	ANJEER BADAM ICE CREAM MILK SHAKE	209	20	14	6	5	13	5	<0.1	49	32	CONTAINS MILK AND NUTS		
28	FILTER COFFEE & HAZELNUT ICE CREAM MILK SHAKE	207	18	10	6	6	13	6	0	49	13	CONTAINS MILK AND NUTS		
29	LEMON TWIST ICE CREAM MILK SHAKE	206	20	11	10	6	13	6	<0.1	52	15	CONTAINS MILK AND MAY CONTAIN NUTS		
30	STRAWBERRY CHEESECAKE ICE CREAM MILK SHAKE	208	17	12	8	5	14	7	<0.1	49	64	CONTAINS MILK AND MAY CONTAIN NUTS		

•Serving size of one glass is 300ml

•Nutritional values mentioned in above sheets are approximate values for per 100 g quantity

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1	TADGOLA SUNDAE	143	21	16	11	4	5	3	0	0	44	CONTAINS MILK AND MAY CONTAIN NUTS		
2	MIX FRUIT TADGOLA SUNDAE	176	31	16	10	3	4	2	0	0	43	CONTAINS MILK AND MAY CONTAIN NUTS		
3	MUD SLIDE SUNDAE	326	34	17	13	5	19	10	0	2	118	CONTAINS MILK AND NUTS		
4	BLACK FOREST SUNDAE	273	32	28	22	5	13	10	0	14	45	CONTAINS MILK AND MAY CONTAIN NUTS		
5	ORANGE CHOCOLATE SUNDAE	250	29	27	17	5	11	8	0	18	80	CONTAINS MILK AND MAY CONTAIN NUTS		
6	LYCHEE SUNDAE	259	18	13	8	4	9	7	0	12	39	CONTAINS MILK AND MAY CONTAIN NUTS		
7	PEACH TWIST SUNDAE	153	14	14	8	4	9	8	0	13	40	CONTAINS MILK AND MAY CONTAIN NUTS		
8	MANGO PASSION FRUIT SUNDAE	139	20	21	8	3	4	3	0	7	26	CONTAINS MILK AND MAY CONTAIN NUTS		
9	COFFEE CARAMEL POPCORN SUNDAE	259	24	16	9	6	14	6	0	0	49	CONTAINS MILK AND NUTS		
10	SITAPHAL SUNDAE	236	30	32	22	4	10	9	0	14	98	CONTAINS MILK AND MAY CONTAIN NUTS		
11	MACHA SEAME SUNDAE	380	75	4	3	3	9	2	0	10	9	CONTAINS MILK AND MAY CONTAIN NUTS		
12	BAKLAVA SUNDAE	291	37	40	22	6	12	9	<0.1	17	77	CONTAINS MILK AND NUTS		
13	STRAWBERRY SUNDAE	134	15	11	7	2	7	3	<0.1	21	58	CONTAINS MILK AND MAY CONTAIN NUTS		
14	ROYAL FALOODA SUNDAE	223	28	14	12	4	11	5	<0.1	13	10	CONTAINS MILK AND NUTS		

•Serving size is approximate 100g

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