

# MOCHA HAZELNUT ICE CREAM

**INGREDIENTS:** Milk, Sugar, Chocolate Paste 9% (Milk, Cocoa Solids, Sugar) Hazelnut (6%), Coffe (1%)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	245	9.8
Protein (g)	7	
Carbohydrates (g)	23	
Total Sugars (g)	16	
Added Sugar (g)	13	21.5
Total Fat (g)	13	16.0
Saturated Fat (g)	6	20.8
Trans Fat (g)	0	0.0
Cholesterol (mg)	43	
Sodium (mg)	26	1.1

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# KALA JAMUN ICE CREAM

## MEDIUM FAT ICE CREAM

**INGREDIENTS:** Milk, Sweetened Kala Jamun Pulp 27%  
(Kala Jamun Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	194	6.2
Protein (g)	5	
Carbohydrates (g)	20	
Total Sugars (g)	34	
Added Sugars(g)	11	17.6
Total Fat (g)	9	11.8
Saturated Fat (g)	7	25.8
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	15	
Sodium (mg)	70	2.8

#Approximate Values

##Recommended Dietary Allowance

# PEACH APRICOT ICE CREAM

**INGREDIENTS:** Milk, Sweetened Peach - Apricot Pulp 23% (Sugar Syrup, Peach Pulp, Apricot)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	238	9.6
Protein (g)	6	
Carbohydrates (g)	24	
Total Sugars (g)	24	
Added Sugars (g)	10	16.9
Total Fat (g)	12	15.5
Saturated Fat (g)	7	26.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	11	
Sodium (mg)	34	1.4

#Approximate Values

##Recommended Dietary Allowance

# ORANGE PISTACHIO ICE CREAM

**INGREDIENTS:** Milk, Sugar, Sweetened Orange Pulp 21% (Orange Pulp, Sugar Syrup, Orange Zest, Lemon Juice ), Pista (2%)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	246	9.9
Protein (g)	2	
Carbohydrates (g)	26	
Total Sugars (g)	21	
Added Sugars (g)	13	22.2
Total Fat (g)	14	17.1
Saturated Fat (g)	0	0.0
Trans Fat (g)	0	0.0
Cholesterol (mg)	26	
Sodium (mg)	115	4.6

#Approximate Values

##Recommended Dietary Allowance

# MUD PIE ICE CREAM

**INGREDIENTS:** Milk, Sugar, Chocolate Ganache 14% (Cooking Cream,Compound Chocolate), Chocolate Sponge 7% (Chocolate Premix, Water, Oil), Chocolate Paste 7% (Milk, Cocoa Solids, Sugar), Brownie 5% (Brownie Premix,Water, Cocoa Solid ,Oil),Almond 2%

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. #Value per 100g	% RDA ##Per serving
Energy (Kcal)	282	12.7
Protein (g)	6	
Carbohydrates (g)	30	
Total Sugars (g)	20	
Added Sugar (g)	10	18.0
Total Fat (g)	14	18.8
Saturated Fat (g)	10	40.9
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	0	
Sodium (mg)	90	4.1

#Approximate Values

##Recommended Dietary Allowance

# TENDER COCONUT ICE CREAM

**INGREDIENTS:** Milk, Sweetened Tender Coconut Pulp 25% (Tender Coconut Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. *Value per 100g</b>	<b>% RDA **Per serving</b>
Energy (Kcal)	209	8.4
Protein (g)	6	
Carbohydrates (g)	19	
Total Sugars (g)	23	
Added Sugars (g)	10	16.6
Total Fat (g)	11	13.9
Saturated Fat (g)	8	31.6
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	7	
Sodium (mg)	67	2.7

\*Approximate Values

\*\*Recommended Dietary Allowance

# CHERRY PLUM ICE CREAM

**INGREDIENTS:** Milk, Cherry Pulp 16% (Cherry Pulp, Sugar Syrup), Plum Pulp 13% (Plum Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. *Value per 100g</b>	<b>% RDA **Per serving</b>
Energy (Kcal)	182	7.3
Protein (g)	5	
Carbohydrates (g)	20	
Total Sugars (g)	11	
Added Sugar (g)	9	15.0
Total Fat (g)	10	12.9
Saturated Fat (g)	5	20.5
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	42	
Sodium (mg)	4	0.2

\*Approximate Values

\*\*Recommended Dietary Allowance

# COOKIE CARAMEL ICE CREAM

## INGREDIENTS:

Milk, Sugar, Cookie Caramel (16%)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. <sup>#</sup>Value per 100g</b>	<b>% RDA <sup>##</sup>Per serving</b>
Energy ( Kcal)	307	12.2
Protein (g)	5	
Carbohydrates (g)	27	
Total Fat (g)	19	23.2
Cholesterol (mg)	18	
Saturated Fat (g)	9	33.3
Trans Fat (g)	0	0.0
Total Sugars (g)	17	
Added Sugars (g)	12	19.4
Sodium as Na (mg)	86	3.4

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance



# BELGIUM CHOCOLATE ICE CREAM

**INGREDIENTS:** Milk, Sugar, Belgium Sauce 8% (Belgium chocolate, Cocoa powder, Sugar, Butter, Condensed milk, Vanilla Essence), Chocolate Ganache 5% (Rich Cream (Water, Edible vegetable Fat (Hydrogenated Oils), Liquid Glucose, Milk Solids, Emulsifiers (CNS 481(i), INS 471, INS 477, INS 322, INS 491, Caseinate, Acidity Regulators (INS 331(iii), INS 339(ii), Stabilizers (INS 1450, INS 412), INS 415, INS 464), Morde Chocolate (Sugar, Cocoa Butter, Cocoa Solids and Milk Solids), Dark chocolate 4% (Chocolate (Cocoa mass, Sugar, Cocoa Butter, Emulsifiers soya lecithin (E322), natural vanilla flavouring, Cocoa Horizons Foundation, Cocoa Ingredients )

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. *Value per 100g</b>	<b>% RDA **Per serving</b>
Energy ( Kcal)	207	8.3
Protein (g)	7	
Carbohydrates (g)	21	
Total Fat (g)	11	12.8
Cholesterol (mg)	2	
Saturated Fat (g)	6	22.0
Trans Fat (g)	0	0.0
Total Sugars (g)	13	
Added Sugars (g)	8	13.5
Sodium as Na (mg)	60	2.4

\*Approximate Values

\*\*Recommended Dietary Allowance

# KAJU KESAR SHRIKHAND ICE CREAM

**INGREDIENTS:** Milk, Sugar, Shrikhand 24% (Milk solids, Sugar, Cardamom), Cashew (5%), Kesar (0.01%)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	237	9.5
Protein (g)	6	
Carbohydrates (g)	30	
Total Sugars (g)	28	
Added Sugars (g)	20	32.6
Total Fat (g)	10	12.3
Saturated Fat (g)	7	26.0
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	24	
Sodium (mg)	77	3.1

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# MANGO PASSION ICE CREAM

**INGREDIENTS:** Milk, Sugar, Mango Pulp 20% (Mango Pulp, Sugar Syrup), Passion Fruit Pulp 6% (Passion Fruit Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	221	8.8
Protein (g)	7	
Carbohydrates (g)	19	
Total Sugars (g)	14	
Added Sugar (g)	7	11.9
Total Fat (g)	13	15.9
Saturated Fat (g)	6	24.9
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	35	
Sodium (mg)	45	1.8

#Approximate Values

##Recommended Dietary Allowance

# BLUEBERRY CHEESE CAKE ICE CREAM

**INGREDIENTS:** Milk, Sugar, Mascarpone Cheese 14% (Milk, Cream, Dry Cream Whey Powder, Concentrate, Citric Acid, Sugar, Walnut Oil, Permitted Stabilizers (E415) (E407)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	262	10.5
Protein (g)	6	
Carbohydrates (g)	22	
Total Sugars (g)	13	
Added Sugar (g)	13	20.1
Total Fat (g)	18	21.9
Saturated Fat (g)	4	15.9
Trans Fat (g)	0	0.0
Cholesterol (mg)	38	
Sodium (mg)	35	1.4

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# MALAI ICE CREAM MILK SHAKE

## INGREDIENTS:

Malai Ice cream 57% (Milk, Sugar), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	237	9.5
Protein (g)	7	
Carbohydrates (g)	17	
Total Sugars (g)	16	
Added Sugar (g)	8	13.8
Total Fat (g)	16	19.3
Saturated Fat (g)	11	41.6
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	38	
Sodium (mg)	43	1.7

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# CHICKOO ICE CREAM MILK SHAKE

**INGREDIENTS:** Chikoo Ice cream 57%  
(Milk, Sweetened Chikoo Pulp (Chikoo Pulp,  
Sugar Syrup), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	199	8.0
Protein (g)	6	
Carbohydrates (g)	16	
Total Sugars (g)	11	
Added Sugar (g)	5	9.2
Total Fat (g)	12	15.2
Saturated Fat (g)	8	29.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	31	
Sodium (mg)	35	1.4

#Approximate Values

##Recommended Dietary Allowance

# JACKFRUIT ICE CREAM MILK SHAKE

**INGREDIENTS:** Jackfruit ice cream 57%  
(Milk, Sweetened Jackfruit Pulp (Jackfruit Pulp,  
Sugar Syrup), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	203	8.1
Protein (g)	6	
Carbohydrates (g)	17	
Total Sugars (g)	13	
Added Sugar (g)	5	8.3
Total Fat (g)	12	15.2
Saturated Fat (g)	8	31.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	31	
Sodium (mg)	41	1.6

#Approximate Values

##Recommended Dietary Allowance

# MUSKMELON ICE CREAM MILK SHAKE

**INGREDIENTS:** Muskmelon ice cream 57% (Milk, Sweetened Muskmelon Pulp (Muskmelon Pulp, Sugar Syrup), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	200	8.0
Protein (g)	6	
Carbohydrates (g)	16	
Total Sugars (g)	13	
Added Sugar (g)	5	9.2
Total Fat (g)	13	15.9
Saturated Fat (g)	8	31.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	39	
Sodium (mg)	46	1.9

#Approximate Values

##Recommended Dietary Allowance



# WATERMELON ICE CREAM MILK SHAKE

**INGREDIENTS:** Watermelon ice cream 57% (Milk, Sweetened Watermelon Pulp (Watermelon Pulp, Sugar Syrup), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	195	7.8
Protein (g)	5	
Carbohydrates (g)	16	
Total Sugars (g)	15	
Added Sugar (g)	4	7.4
Total Fat (g)	12	15.2
Saturated Fat (g)	8	29.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	30	
Sodium (mg)	38	1.5

#Approximate Values

##Recommended Dietary Allowance

# MANGO ICE CREAM MILK SHAKE

**INGREDIENTS:** Mango Ice cream 57% (Milk,Sugar, Sweetened Mango Pulp (Mango Pulp, Sugar Syrup), Milk, Sugar

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	186	7.4
Protein (g)	5	
Carbohydrates (g)	17	
Total Sugars (g)	16	
Added Sugar (g)	6	10.1
Total Fat (g)	10	13.1
Saturated Fat (g)	6	24.9
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	33	
Sodium (mg)	28	1.1

#Approximate Values

##Recommended Dietary Allowance

# PAPAYA PINEAPPLE ICE CREAM MILK SHAKE

**INGREDIENTS:** Papaya Pineapple Ice cream 57% (Milk, Sweetened Papaya Pineapple Pulp (Pineapple Pulp, Sugar Syrup, Papaya Pulp), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	195	7.8
Protein (g)	5	
Carbohydrates (g)	15	
Total Sugars (g)	16	
Added Sugar (g)	5	8.3
Total Fat (g)	12	15.2
Saturated Fat (g)	8	29.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	34	
Sodium (mg)	42	1.7

#Approximate Values

##Recommended Dietary Allowance

# TENDER COCONUT ICE CREAM MILK SHAKE

**INGREDIENTS:** Tender Coconut Ice cream 57% (Milk, Sweetened Tender Coconut Pulp (Tender Coconut Pulp, Sugar Syrup), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	199	8.0
Protein (g)	6	
Carbohydrates (g)	16	
Total Sugars (g)	15	
Added Sugar (g)	5	9.2
Total Fat (g)	12	15.2
Saturated Fat (g)	8	29.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	29	
Sodium (mg)	40	1.6

#Approximate Values

##Recommended Dietary Allowance

# KESAR PISTA ICE CREAM MILK SHAKE

**INGREDIENTS:** Kesar Pista Ice cream 57% (Milk, Sugar, Pista, Cardamom powder, Kesar), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. <sup>#</sup>Value per 100g</b>	<b>% RDA <sup>##</sup>Per serving</b>
Energy (Kcal)	234	9.4
Protein (g)	5	
Carbohydrates (g)	17	
Total Sugars (g)	18	
Added Sugar (g)	8	12.9
Total Fat (g)	16	19.3
Saturated Fat (g)	11	41.6
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	39	
Sodium (mg)	34	1.4

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# ROASTED ALMOND ICE CREAMMILK SHAKE

**INGREDIENTS:** Roasted Almond Ice cream 57% (Milk, Sugar, Roasted Almond), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	216	8.7
Protein (g)	7	
Carbohydrates (g)	16	
Total Sugars (g)	15	
Added Sugar (g)	7	11.9
Total Fat (g)	13	16.5
Saturated Fat (g)	8	29.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	38	
Sodium (mg)	45	1.8

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# KAJU KISMIS ICE CREAM MILK SHAKE

**INGREDIENTS:** Kaju Kismis Ice cream 57% (Milk, Sugar, Kaju, Kismis), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	211	8.5
Protein (g)	7	
Carbohydrates (g)	17	
Total Sugars (g)	17	
Added Sugar (g)	7	11.9
Total Fat (g)	13	15.9
Saturated Fat (g)	7	27.0
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	30	
Sodium (mg)	45	1.8

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# ANJEER ICE CREAM MILK SHAKE

**INGREDIENTS:** Anjeer Ice cream 57% (Milk, Sugar, Anjeer Pulp), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. <sup>#</sup>Value per 100g</b>	<b>% RDA <sup>##</sup>Per serving</b>
Energy (Kcal)	210	8.4
Protein (g)	6	
Carbohydrates (g)	17	
Total Sugars (g)	17	
Added Sugar (g)	7	11.9
Total Fat (g)	13	15.9
Saturated Fat (g)	8	31.2
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	33	
Sodium (mg)	19	0.8

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance



# CHOCO ALMOND ICE CREAM MILK SHAKE

**INGREDIENTS:** Choco Almond Ice cream 57% (Milk, Sugar, Chocolate paste (Milk ,Cocoa Solids , Sugar) Almond), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	205	8.2
Protein (g)	7	
Carbohydrates (g)	18	
Total Sugars (g)	14	
Added Sugar (g)	7	11.9
Total Fat (g)	12	14.5
Saturated Fat (g)	6	24.9
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	42	
Sodium (mg)	41	1.6

#Approximate Values

##Recommended Dietary Allowance

# CHOCO CREAM ICE CREAM MILK SHAKE

**INGREDIENTS:** Choco cream Ice cream 57% (Milk, Sugar, Chocolate paste( Milk , Cocoa Solids, Sugar), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	204	8.2
Protein (g)	6	
Carbohydrates (g)	17	
Total Sugars (g)	16	
Added Sugar (g)	8	12.9
Total Fat (g)	12	15.2
Saturated Fat (g)	8	29.1
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	39	
Sodium (mg)	46	1.9

#Approximate Values

##Recommended Dietary Allowance

# CHOCO BITE ICE CREAM MILK SHAKE

**INGREDIENTS:** Chocobite Ice cream 57%(Milk, Sugar, Chocolate pieces ( Sugar, Cocoa Butter,Cocoa Solids, Milk ),Chocolate Paste ( Milk, Cocoa Solids, Sugar), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	222	8.9
Protein (g)	6	
Carbohydrates (g)	17	
Total Sugars (g)	13	
Added Sugar (g)	9	15.6
Total Fat (g)	14	17.2
Saturated Fat (g)	9	33.3
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	41	
Sodium (mg)	27	1.1

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# COFFEE WALNUT ICE CREAM MILK SHAKE

**INGREDIENTS:** Coffee Walnut Ice cream 57%(Milk, Sugar, Walnut, Coffee), Milk

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. <sup>#</sup>Value per 100g</b>	<b>% RDA <sup>##</sup>Per serving</b>
Energy (Kcal)	221	8.8
Protein (g)	7	
Carbohydrates (g)	19	
Total Sugars (g)	14	
Added Sugar (g)	7	11.9
Total Fat (g)	13	15.9
Saturated Fat (g)	6	24.9
Trans Fat (g)	<0.1	0.0
Cholesterol (mg)	35	
Sodium (mg)	45	1.8

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# ORANGE CHOCOLATE SUNDAE

**INGREDIENTS:** Chocolate Icecream 78%(Milk, Sugar, Chocolate paste (Milk, Cocoa Solids, Sugar), Sweetened Orange Pulp 16%(Orange Pulp, Sugar Syrup, Orange Zest, Lemon Juice), Chocolate Pieces 0.82%(Sugar, Cocoa Butter, Cocoa Solids, Milk Solids)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	250	10.0
Protein (g)	5	
Carbohydrates (g)	29	
Total Sugars (g)	27	
Added Sugar (g)	17	26.8
Total Fat (g)	11	13.5
Saturated Fat (g)	8	28.9
Trans Fat (g)	0	0.0
Cholesterol (mg)	18	
Sodium (mg)	80	3.2

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# BLACK FOREST SUNDAE

**INGREDIENTS:** Malai Ice cream 60%(Milk, Sugar),Cherry 18%,Chocolate Sponge 13%(Sponge Premix (Sugar,Refined Wheat Flour(maida),Milk Solids,Corn Starch,Edible Vegetable Oil(palm),Cocoa Powder,Raising Agents(Baking Powder, E500(ii), E341,E341 (ii),Emusifiers(E472(b),E477,E471,Iodized Salt, Stabilizer (E415),Water, Sunflower Oil ), Chocolate 3%(Sugar, Cocoa Butter,Cocoa Solids and MilkSolids),Chocolate Sauce 3%(Rich Cream ((Water,Edible vegetable Fat(Hydrogenated Oils),Liquid Glucose,Milk Solids,Emulsifiers(CNS 481(i),INS 471,INS 477,INS 322,INS 491, Caseinate, Acidity Regulators(INS 331(iii),INS 339(ii), Stabilizers (INS 1450,INS 412),INS 415,INS 464), Chocolate (Sugar,Cocoa Butter,Cocoa Solids and MilkSolids)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	273	10.9
Protein (g)	5	
Carbohydrates (g)	32	
Total Sugars (g)	28	
Added Sugar (g)	22	35.2
Total Fat (g)	13	15.8
Saturated Fat (g)	10	35.5
Trans Fat (g)	0	0.0
Cholesterol (mg)	14	
Sodium (mg)	45	1.8

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance

# PEACH TWIST SUNDAE

**INGREDIENTS:** Malai Icecream 55% (Milk, Sugar), Peach Pieces (42%), Lime Zest, Mint Leaf

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	153	6.1
Protein (g)	4	
Carbohydrates (g)	14	
Total Sugars (g)	14	
Added Sugar (g)	8	13.3
Total Fat (g)	9	11.3
Saturated Fat (g)	8	28.3
Trans Fat (g)	0	0.0
Cholesterol (mg)	13	
Sodium (mg)	40	1.6

#Approximate Values

##Recommended Dietary Allowance

# MANGO PASSION FRUIT SUNDAE

**INGREDIENTS:** Mango Icecream 52% (Milk, Sugar, Sweetened Mango Pulp 23% ( Mango Pulp, Sugar Syrup), Mango Pieces (41%), Sweetened Passion Fruit Pulp 5% (Passion fruit Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. <sup>#</sup> Value per 100g	% RDA <sup>##</sup> Per serving
Energy (Kcal)	139	5.5
Protein (g)	3	
Carbohydrates (g)	20	
Total Sugars (g)	21	
Added Sugar (g)	8	12.8
Total Fat (g)	4	5.3
Saturated Fat (g)	3	11.6
Trans Fat (g)	0	0.0
Cholesterol (mg)	7	
Sodium (mg)	26	1.0

<sup>#</sup>Approximate Values

<sup>##</sup>Recommended Dietary Allowance



# LYCHEE SUNDAE

**INGREDIENTS:** Malai Icecream 52% (Milk, Sugar), Lychee Pieces (40%)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	259	10.4
Protein (g)	4	
Carbohydrates (g)	18	
Total Sugars (g)	13	
Added Sugar (g)	8	12.7
Total Fat (g)	9	10.9
Saturated Fat (g)	7	27.0
Trans Fat (g)	0	0.0
Cholesterol (mg)	12	
Sodium (mg)	39	1.5

#Approximate Values

##Recommended Dietary Allowance

# MIX FRUIT TADGOLA SUNDAE

**INGREDIENTS:** Malai Icecream 56%( Milk, Sugar), Mix Fruit Pulp 18% (Sweetned Tender Coconut Pulp (Sugar Syrup, Tender Coconut Pulp), Sweetened Strawberry Pulp (Strawberry Pulp, Sugar Syrup), Sweetened Iceapple Pulp 18% (Ice Apple Pulp, Sugar Syrup), Sweetened Passion Fruit Pulp 6% (Passion fruit Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	176	7.0
Protein (g)	3	
Carbohydrates (g)	31	
Total Fat (g)	4	5.1
Cholesterol (mg)	0	
Saturated Fat (g)	2	8.7
Trans Fat (g)	0	0.0
Total Sugars (g)	16	
Added Sugars (g)	10	16.4
Sodium as Na (mg)	43	1.7

#Approximate Values

##Recommended Dietary Allowance

# STRAWBERRY SUNDAE

**INGREDIENTS:** Strawberry Ice cream 56% (Milk, Sweetened Strawberry Pulp ( Strawberry Pulp, Sugar Syrup), Strawberry Pieces (43%)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	124	5.0
Protein (g)	3	
Carbohydrates (g)	14	
Total Sugars (g)	18	
Added Sugar (g)	6	9.9
Total Fat (g)	6	6.7
Saturated Fat (g)	4	14.3
Trans Fat (g)	0	0.0
Cholesterol (mg)	7	
Sodium (mg)	25	1.0

#Approximate Values

##Recommended Dietary Allowance

# MUD SLIDE SUNDAE

**INGREDIENTS:** Milk, Sugar , Chocolate Ganache 14%(Cooking Cream,Compound Chocolate),Chocolate Sponge7%(Chocolate Premix, Water, Oil),Chocolate Paste 7%(Milk , Cocoa Solids, Sugar), Brownie 5%(Brownie Premix,Water, Cocoa Solid ,Oil),Almond 2%

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy ( Kcal)	326	13.0
Protein (g)	5	
Carbohydrates (g)	34	
Total Fat (g)	19	22.4
Cholesterol (mg)	2	
Saturated Fat (g)	10	36.3
Trans Fat (g)	0	0.0
Total Sugars (g)	17	
Added Sugars (g)	13	21.3
Sodium as Na (mg)	118	4.7

#Approximate Values

##Recommended Dietary Allowance

# COFFEE CARAMEL POPCORN SUNDAE

**INGREDIENTS:** Espresso Walnut Icecream 74% (Milk, Sugar, Coffee Sauce (Sugar, Coffee Powder), Walnut), Caramel Porpcorn 12%, Walnut crush (4%), Coffee Sauce 4% (Sugar Syrup, Coffee Powder), Caramel Sauce4% (Sugar, Rich Cream (Water, Edible vegetable Fat (Hydrogenated Oils), Liquid Glucose, Milk Solids, Emulsifiers (CNS 481(i), INS 471, INS 477, INS 322, INS 491, Caseinate, Acidity Regulators (INS 331(iii), INS 339(ii), Stabilizers (INS 1450, INS 412), INS 415, INS 464), Butter), Waffle cone 0.82% (Refined Wheat Flour (Maida), Sugar, Refined Palm Oil, Emulsifier (INS322), Raising Agent (INS500(II), Milk Solids, Edible Common Salt)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

Nutritional Information	Approx. *Value per 100g	% RDA **Per serving
Energy (Kcal)	259	10.3
Protein (g)	6	
Carbohydrates (g)	24	
Total Sugars (g)	16	
Added Sugar (g)	9	13.8
Total Fat (g)	14	16.2
Saturated Fat (g)	6	20.7
Trans Fat (g)	0	0.0
Cholesterol (mg)	0	
Sodium (mg)	49	2.0

\*Approximate Values

\*\*Recommended Dietary Allowance

# TADGOLA SUNDAE

**INGREDIENTS:** Malai Icecream 52%(Milk, Sugar), Sweetened Ice apple pulp 40% (Ice Apple Pulp, Sugar Syrup)

Serving size- 1 scoop (approx. 80 g) and  
No. of serving per pack – 6

<b>Nutritional Information</b>	<b>Approx. #Value per 100g</b>	<b>% RDA ##Per serving</b>
Energy (Kcal)	143	5.7
Protein (g)	4	
Carbohydrates (g)	21	
Total Fat (g)	5	5.9
Cholesterol (mg)	0	
Saturated Fat (g)	3	9.4
Trans Fat (g)	0	0.0
Total Sugars (g)	16	
Added Sugars (g)	11	18.2
Sodium as Na, (mg)	44	1.8

#Approximate Values

##Recommended Dietary Allowance